Ninety for 90: A Fund-raising Event for PEV

This is a celebratory fundraising series of live-streamed culinary sessions, featuring instruction on and demonstration of a total of 90 recipes over a total of 18 sessions. Each recipe becomes an opportunity to show one's care and compassion for others -- 90 new ways to love.

Each culinary session is themed, with five recipes per session. Upon registration for a session, a participant receives a soft copy of a curated collection of recipes per session, sent via email, as well as a link to the live-streamed event via web conferencing platform (Webex), with the opportunity to ask questions and cook/bake along with the culinary demonstration in real time for the scheduled session.

These culinary sessions are <u>free of charge</u>. Inspired by the efforts and activities of those in PEV, <u>THE HOME COOK</u> is asking session participants to <u>make a donation directly to PEV</u> that is appropriate to their personal circumstances. There is a limited number of participants for each virtual session - <u>registration is necessary</u> in order to attend as well as receive the recipe sheets. Register at <u>www.thehomecook.ca</u>.

This is a personal fundraising initiative for the benefit of Prom-Edu-Val Society (PEV) in Toronto, which is engaged in initiatives and work to promote the unique and priceless qualities of women, providing encouragement and varied opportunities for the formation and development of each one and her full potential, throughout the various stages of her life within her family and home, as a professional and in the greater community. (For more information on PEV and its activities for women of all ages and stages in life, please visit www.pev.ca.)