

Mentoring

While ideas can be inspiring and uplifting, life is played out in the personal and in the particular. As a leadership program, Polaris seeks to engage each student where she is in life; for this reason, mentoring is the most important aspect of the program.


With her mentor, each student applies what she learned during the monthly sessions to her own circumstances, formulating goals and navigating the challenges she encounters.

The mentors are professional women and undergraduate students who lead each Unit or serve on Polaris' Executive Committee.

They are committed to meet with their mentees at least once a month, and gladly make themselves available outside program hours.



CONTACT US

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 polaris.ashlar@gmail.com

 [polarisgirlsclub](https://www.instagram.com/polarisgirlsclub)

Polaris
Forging Women of Character
and Talent





ABOUT US

Polaris is a club for girls age 13 -15. The club provides mentorship and resources for each girl to develop her strengths to attain success now and in the future.

Polaris provides a two year leadership program with an overarching theme of Forging Women of Character and Talent.

This program is designed to help students to build confidence which will allow individuals to make positive life decisions and resist peer pressure and empower individuals to create a road map for personal, career and community development.

Calendar 2020 - 2021

September 26, 2020

High School 101 (Grade 8)
Study skills & Time Management (Grade 9 & 10)

October 24, 2020

A look into the Marketing Industry
(Personal Self -Elegance is as important)

November 28, 2020

Resume Writing & Mastering Interviews
(Human Resources Industry)

December 19, 2020

Christmas Party
(Importance of having wholesome hobbies)

January 23, 2021

The Art of handling your Money
(Accounting & Finance Industries)

February 27, 2021

Interpersonal Relationships
(Family, Friendships, Dating & Marriage)

March 27, 2021

Exploring different Industries:

1. Entrepreneurship
2. Engineering
3. Health

April 24, 2021

Moral Reasoning Compass
(Critical thinking & courage to go against the grain)

May 22, 2021

Woman Trustees of Humanity
(Feminine Genius)

2020 - 2021 Program Fees

Cost per year : \$135
Cost per Session: \$15

Please make cheques payable to: PEV-Ashlar
or e-transfer to polaris.ashlar@gmail.com

Time: 2:00 - 5:30 pm

Location: Kintore College
(75 Charles St W, Toronto)

*social distancing regulations will be in place
(masks required for all participants)

Virtual alternative will be offered for each workshop
via zoom

Spiritual activities at Kintore College are entrusted
to the Prelature of Opus Dei, an institution of the
Roman Catholic Church. www.opusdei.ca

